



Camp Information Booklet



WELCOME!

Located amongst the hills of the Alpine region, in the Ovens Valley, just 20 minutes from the popular Tourist town of Bright. Valley Homestead is one of Victoria's premium school adventure camps and group accommodation venues.

Our facilities include:

- 150 Beds in 23 rooms (Rooms 24 & 25 available on request for teachers and disabled persons only)
- Bedrooms are carpeted, heated, and include ensuites. Bedding **NOT** supplied as per Covid-19 safe operations procedure. Guests are to supply bedding as per packing list.
- Meals can be fully catered with breakfast, morning tea, lunch, afternoon tea and dinner to suit your preferred program. Student and staff dietary needs are all catered for on a needs basis.
- Adventure activities including our climbing and abseiling wall, 200m dual flying fox, high ropes course and free-fall slide to name a few.

Activity packages are tailored for each individual school or group, considering participant age, capabilities, and budget. Schools and groups can benefit from snow trips and off-site activities to accompany our on-site adventure challenges.

Do something today that your future self will thank you for -
choose Valley Homestead for your school camp!



ACTIVITIES

Lateral Thinking - A group solving exercise where participants are divided into groups and work their way through each 'obstacle' under supervision. We carefully instruct them of the necessity to work as a group prior to embarking on this activity. This activity instils a strong team building focus and is a great one to begin camp. One Valley Homestead instructor provided.

Archery – A great activity for Primary and lower Secondary students in a safe yet engaging environment. An Archery instructor will be provided throughout the session.

Vertical Challenge – 4 separate climbs, each 12.5 metres high. The climber negotiates a range of different challenges and mediums to reach the very top, before belaying down. Two Valley Homestead instructors provided.

Free-Fall Slide – Standing 7 metres off the ground, participants hang from a bar and fall 2 metres in a vertical position before a steep stainless-steel slide catches and take them to rest horizontally. One Valley Homestead instructor provided.

Power pole – 2 different challenges, a 7 metre and 10 metre pole climbs, and leap off the top to grab a trapeze mid-air. Participants wear a full body harness and are belayed through bollards and dynamic rope. 2 Valley Homestead instructors provided.

Dual Flying Fox - Stretching approximately 220m and up to 20m off the ground, participants in a body harness zoom down the zip over a gully. No hands required (if you are game!). Two Valley Homestead instructors provided.

Aerial Obstacle Course - This course has 16 obstacles all above the ground. It is possible to work from the first obstacle to the last without touching the ground. Participants are placed in pairs with one person on the obstacle while their partner supports them all the way around each of the obstacles. We explain the course and supervise its use with the assistance of leaders from your group. 2 Valley Homestead instructors provided.

Climbing - Our climbing tower is 10 metres tall. Operated by our qualified staff, participants are harnessed and will attempt to climb up, down or across the wall. The goal is to reach the summit without falling.

Abseiling - Led by our qualified instructor, participants will be introduced to abseiling. Harnessed, allowing them to descend from a height in a controlled and effective manner. There will be an opportunity to have several descents from the tower.



Bush Skills– Participants are broken into groups and given skills and equipment to make a fire and safely cook their morning tea of smores waffle cones and lunch of nachos. This activity is conducted amongst beautiful natural surroundings of the Bush Activity Centre which also provides shelter in inclement weather.

Camp Cooking – Under supervision of your staff (briefed by us), the group will be provided with ingredients to make damper and enjoy a cup of billy tea or Milo with the cooking.

Cycling – 25 metres from our front gate is the Murray to Mountains Rail Trail. To venture off to Bright is a 25km ride, or Myrtleford is a 10km ride. The riding possibilities are limitless! A bicycle & helmet are provided. Participants must bring their own water bottle. This activity is Valley Homestead led but requires the addition of two competent staff members to manage the group and road safety. It is recommended a staff member have a mobile phone for emergencies.

Reflector Trails – A night-time activity where groups carrying torches follow a trail of 20 stations through the bush collecting a message at each station. It is important that the participants bring torches to the camp for this activity. After being briefed by Valley Homestead staff, this activity is supervised by your staff.

Raft Building - This activity takes place on Lake Buffalo. Participants are organised into groups and after instructions, build a raft from the materials provided. Once completed rafts are inspected for integrity and are raced over a defined course. We patrol the race in a small aluminium boat. Buoyancy vests are provided and are worn by all those in the water. A qualified lifeguard is provided, as well as a minimum of 2 Valley Homestead instructors.



SAMPLE MENU

B R E A K F A S T		Continental Toast & Condiments Cereals Preserved Fruit Yoghurt Orange Juice M/tea Fruit & Biscuits	Pancakes & Maple Syrup Toast & Condiments Cereals Preserved Fruit Yoghurt Orange Juice M/tea Fruit & Biscuits
L U N C H	A/Tea Fruit & Cake	Ham & Salad Rolls Fruit Basket A/Tea Fruit & Cake	Chicken & Salad Rolls Fruit Basket
D I N N E R	Crispy Chicken Burger Salad Potato Wedges Chocolate Pudding & Ice Cream	Cottage Pie Broccoli, Carrots & Cauliflower Jelly, Custard & Cream	

SPECIFIC DIETARY REQUIREMENTS:

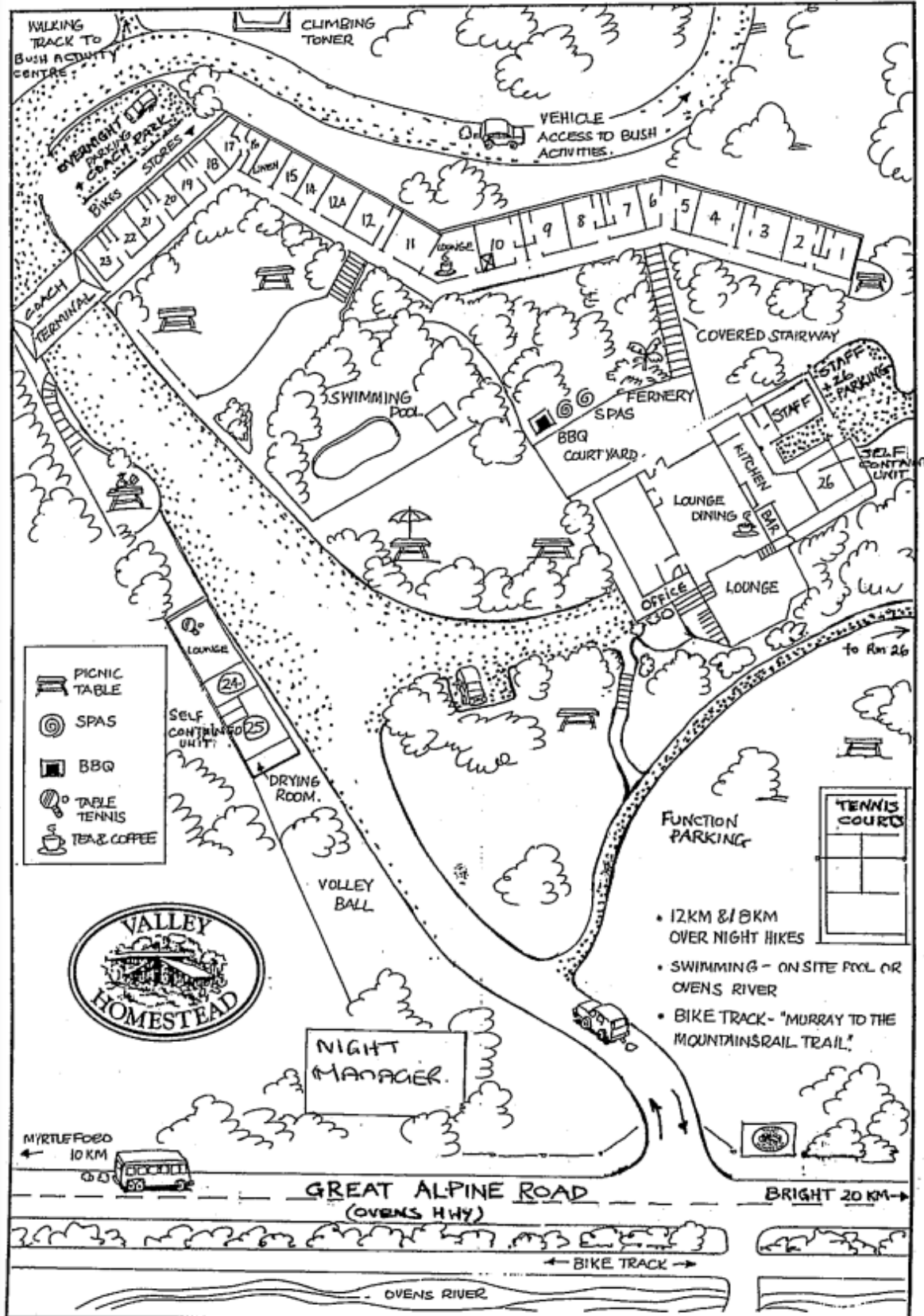
We cater for a range of specific dietary requirements, including any allergies for all students and staff attending our camps. A list of dietary requirements must be provided to us no later than 1 week prior to your arrival on camp.

DUTY GROUPS:

We require a group of students at breakfast, lunch and dinner times to come and help set tables, replenish water etc. throughout the meal & clear up afterwards. We recommend 10 students per duty group.



SITE MAP





ROOM ALLOCATION

Valley Homestead school camp pricing is based on guests filling all beds in all rooms occupied and teachers/leaders share 2 to 3 per room depending on size of the room. An additional charge will be incurred if this condition is not complied with. Rooms are all gender specific. Bedwetters, sleepwalkers & Under 6's should not sleep on top bunks.

ROOM 1: 8 Singles

ROOM 2: 8 Singles

ROOM 3: 1 Double & 9 Singles

ROOM 4: 1 Double & 9 Singles

***ROOM 5:** 4 Singles

*Shared en-suite Room 5 & 6

***ROOM 6:** 4 Singles

ROOM 7: 8 Singles

ROOM 8: 8 Singles

ROOM 9: 1 Double & 9 Singles

ROOM 10: 1 Double & 9 Singles

Seminar Lounge

ROOM 11: 1 Double & 9 Singles

ROOM 12: 1 Double & 9 Singles

ROOM 12A: 8 Singles

ROOM 14: 4 Singles – Teacher's

ROOM 15: 4 Singles – Teacher's

***ROOM 16:** 4 Singles

*Shared en-suite Room 16 & 17

***ROOM 17:** 1 Double & 3 Singles

***ROOM 18:** 5 Singles

*Shared en-suite Room 18 & 19

***ROOM 19:** 1 Double & 3 Singles

***ROOM 20:** 1 Double & 3 Singles

*Shared en-suite Room 20 & 21

***ROOM 21:** 5 Singles

***ROOM 22:** 1 Double & 3 Singles

*Shared en-suite Room 22 & 23

***ROOM 23:** 1 Double & 3 Singles

Self-Contained Units: Teacher's

***ROOM 24:** 1 Double & 3 Singles

*Shared en-suite Room 24 & 25

***ROOM 25:** 1 Double & 3 Singles



PACKING LIST

CLOTHING:

- Jumper/s
- Long pants (track pants are fine)
- Long sleeved shirts
- Shorts (knee length- no short-shorts)
- Pyjamas
- T-Shirts (no singlets- shoulders covered for activities)
- Underwear
- Socks
- Bathers/Swimwear
- Rain Jacket with hood (puffer jackets are not waterproof)
- Warm winter jacket
- Hat / Beanie
- Sturdy outdoor closed toed shoes/sneakers x 2

TOILETRIES/BEDDING:

- Sleeping bag, sleeping bag liner, or own fitted sheet, pillow, towel.
- Toothbrush / Paste
- Soap / Deodorant / Sanitary Items / Personal Medication
- Hair Ties (Long hair MUST be tied up for activities and mealtimes)

OTHER IMPORTANT ITEMS TO BRING:

- Plastic bag for dirty clothes
- Refillable 1 Litre water bottle
- Sunscreen +50 / Lip Balm
- Torch with spare batteries

ITEMS NEEDED FOR ACTIVITIES

Campers **must** bring the following to all activities:

- Hat
- Filled water bottle
- Enclosed shoes
- Hair tie

Campers **must not** wear or take to activities:

Short shorts, singlets, thongs, slippers, open toe shoes, (crocs, slip on shoes etc), iPods, mobile phones, Jewellery (necklaces, bracelets, rings, dangly earrings).



TESTIMONIALS

"We brought our Yr. 7 students here for 3 days, best camp ever! Kids loved it, teachers loved it, and the Valley Homestead staff accommodated our every need and were friendly and excellent leaders. Thank you for making our stay so great! We have already booked in for next year." Fab - Macleod College

"We had a brilliant time at this camp, the facilities are outstanding and perfect for upper primary and secondary students. The flying fox is amazing! The food was brilliant and plentiful and showers hot. The staff were friendly, firm, and super organised and it is just an hour's drive from beautiful Mount Buffalo! An easy 5 Star rating! Thanks to all Staff!" Mel - Aspendale Primary School

"A group of twenty-six members from our local bushwalking club stayed at Valley Homestead in the week prior to Anzac Day. Management provided every assistance in the planning stages, and nothing proved too much trouble during our stay. Our members were impressed with the facilities, staff, grounds, and surrounds. Thank you to all staff, everything suited our needs perfectly." Ken - Bushwalking Club

"Heartfelt thanks for your professionalism, kindness and extraordinary organisation. Our Year 8 students had a wonderful time. Your staff are so well trained and encouraging, their support of the girls was incredible and so much appreciated by all. The setting of the camp is truly beautiful and your management of the place superb." Kath

"The camp was amazing! My favourite camp we attend, no word of a lie!" Vince - Kilbreda Girls Secondary College

"I would like to take the opportunity to thank you and your staff for giving us the most memorable camp ever!

The campgrounds are glamorous, the onsite activities are absolutely amazing! So well thought out!

But the key ingredient to the success was the devotion of all the staff. We have never ever had this experience where all staff are so friendly and understanding to our particular needs. You all went out of the way to make sure each camper had the best experience!

We want to thank you immensely on behalf of staff, children, and parents of Divrei Emineh community." Best wishes LG